breastfeeding

Equipment			
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Procedure	
0	introduce yourself
1	Asking for the name, surname, Wor. Por. Born, domicile
2	blood, blood characteristics, black-red, volume, all the time
3	Long periods, regular cycles
4	should test for pregnancy
5	After the lump comes out, hemorrhage, joint symptoms, dizziness, weakness
6	Have the mother sit in the proper position. Sit with your back against a chair or a wall. Feet placed on the floor or have a foot pedal.
7	Sucking, sucking until the breast is completely empty / for at least 15 minutes, sucking both sides in 1 meal
8	Babies should be sucked every 2-3 hours / 8-12 times a day.
9	It is advisable to assess whether the baby is getting enough breast milk by looking at the baby sleeping 2-3 hours at a time and urinating 5-6 times/day.

